



The Power of Thought and the Law of Attraction

Excerpt from "30 Steps to Conscious Living"

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- Your every thought, every emotion, creates life.
- Everything you think now creates your moments to come, your future.
- All of your tomorrows are designed by your thoughts this very day.
- Listen to your feelings and intuitions. They are designed to help you.
- Thought is the ultimate creator. Whatever you think and then allow yourself to feel becomes the reality of your life.
- Accept that your life is constant growth and change, death and rebirth.
- What is the greatest way to manifest any desire? By speaking it forth from your spirit!
- Thought attracts, like a magnet, images you hold in your mind.
- Whatever you are thinking in your mind you tend to attract.
- Hold onto the thoughts you want. Thoughts become things!
- What you think about the most is what you will attract the most.
- Like attracts like. Make it clear in your mind what you want.
- If you affirm negative thoughts you will attract them. When you focus on negative attitudes, you will attract negativity.
- Do not focus on what you don't want. Most people think about what they don't want and it shows up. Focus on what you want.
- When you speak most of prosperity you will have it.
- When you speak most of success you will have it.
- You are the only one who creates your reality. Focus on what you want.
- A simple shift of emotions can change your day. Feel prosperous! Feel Happy!
- What you think and feel manifests. The more you feel good, the more you attract good.
- An affirmative thought is 100 times more powerful than a negative thought.
- Our feelings are our barometer. Whatever it is you are feeling is a perfect reflection of what is in the process of becoming. Bad vibes and negative emotions are telling you something.
- Positive emotions guide you towards alignment with the universe.